

From the Dive Tank

Junior Pan Am Diving Championship results from Puerto Rico

Winter 2008

Team Canada – ranked 2nd in the team standings behind the USA, with the women’s team ranked first overall and the men’s teams ranked 4th overall. The complete results are available at www.diving.ca

There was twice a day training at the 1976 Olympic Pool in Montreal, which has been designated as the National Training Centre for diving, prior to leaving to Puerto Rico.



Michelle Piper-Kulak

Angelina Kroupko – Girls B Platform – Silver medal, 348.95 points – Girls B 3 metre – Bronze medal, 367.50 points

Michelle Piper-Kulak Girls D 3 metre – 5th place, 229.00 points

Angelina Kroupko with Sabrina Beaupre



Angelina Kroupko at the Jr Pan Am Championships in Puerto Rico

Upcoming competitions

- * The Sting—Victoria, BC Feb 7-10
- * Winter Senior Nats-Regina Mar 6-9
- * FUN meet—Edmonton Mar 8
- * Alberta Winter Provincials—Edmonton March 28-30—Come out and cheer on our divers

Newsletter Spotlight

BINGO ROSTERS should be returned ASAP —please call Sue at 477-5562 to sign up for bingos.

REXALL FUNDRAISER— Dates are available at the office. To sign up or for more info call 444-7300.

CLASSES START-JAN 7th call to sign up 444-7300

Coaches Corner

Edmonton Springboard & Platform Diving Club acknowledges the generous support of the **Alberta Sport Recreation Parks and Wildlife Foundation** through the Coach Development Initiatives Program to help send David Flewwelling to San Juan to participate as personal coach and be part of the Jr national development team.



Teya Syskakis

Polar Bear Results—BIG CHILL ! 7 Provinces in attendance

Eight athletes traveled to Winnipeg (or more commonly known as Winterpeg) to compete in the first group 1 event of the year. This is the first chance to qualify for Senior and Junior national standards and six athletes managed to reach their age group or senior qualifying standard on at least one board.

Teya Syskakis qualified on all three boards and will need to do so once again at another competition this season in order to participate in the Junior National Championships to be held in Thunder Bay in July. Cory Watson achieved a personal best and finished 1st on 1 metre with 355.40 pts. as well as finishing 1st on 3 metre to qualify to compete in the Senior National Championships to be held in March in Regina. Cory returned to competition this season after taking over a year off from diving, looks like he is returning to competition form.



Cory Watson

Other medal results came from Anne Seath, placing 3rd on the platform in the Women’s Open event with 211.95 pts just over 8 points from achieving the senior standard, and Brent Sagert also a bronze medalist in Boy’s 1 metre with 292.05 points. Many of the divers were just off the podium finishing 4th or 5th including Mackenzie Albert (4th on 3 metre and 5th on platform), Melissa Matthews (5th on 1 metre), Amanda Bennett (4th on 1 metre). Natalie Matthews finished just behind her sister on 1 meter in 6th place. Overall 2 Senior Standards were met, 9 Age Group Standards, 2 Gold medals, 2 Bronze medals, 3-4th place finishes, 3-5th places and 18 top 10 finishes. Complete results are available on the Diving Canada website at www.diving.ca

Also keep checking out our website for updates and pictures at www.espdive.com

Contact information: espdive@telusplanet.net or call **444-7300**